

# BREAK-FIRST

## COFFEE CULTURE

	SINGLE	DOUBLE
ESPRESSO	R 28	R 31
AMERICANO	R 32	R 34
FLAT WHITE	R 32	R 36
CAPPUCCINO	R 32	R 36
CORTADO	R 31	R 34
RED CAPPUCCINO		R 36

## LATTES

CAFE CLASSIC	R 37
RED	R 38
SPICED CHAI   WHITE	R 47
MILK CHOCOLATE   VEGAN	R 47

## POT OF TEA

BLACK BREAKFAST	R 34
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THE CONNOISSEUR (Rooibos)

CAPE GREEN

Green rooibos, nettle, fennel, aniseed & liquorice root

DEVIL'S ADVOCATE

A full-bodied ginger & chilli infusion to keep your immune system honest. Caffeine-free

CLEANSING DETOX

A blend of burdock root, lemongrass, lemon balm & fennel seed. Caffeine-free

## FRESHLY JUICED

	350ml
ORANGE JUICE	R 45
CARROT JUICE	R 45
ORANGE, CARROT, GINGER	R 50
APPLE, CARROT, GINGER	R 50
GREEN JUICE	R 65
Apple, cucumber, celery, ginger, spinach & parsley	
RED JUICE	R 65
Beetroot, apple, celery, carrot, ginger & lemon	

## BLENDED

PASSION MANGO SMOOTHIE R 82

Passion fruit, mango, pineapple, orange juice & almond milk

BERRY BLAST SMOOTHIE R 82

Mixed berries, yoghurt, honey, almonds & almond milk

GREEN GODDESS SMOOTHIE R 82

Cucumber, ginger, kiwi, lemon, spinach, celery, mint, honey & almond milk

PEANUT BUTTER SMOOTHIE R 82

Blueberries, banana, peanut butter, dates, whey protein, vanilla essence & almond milk

## MILKSHAKES

	Kids	350ml
VANILLA	R 36	R 68
STRAWBERRY	R 40	R 68
NUTELLA CHOCOLATE	R 40	R 68

## FREEZOS

WHITE | MILK CHOCOLATE R 47

SPICED CHAI R 47

MILO R 47

\*Supplementary Milk R 10

Almond, Oat, Soy & Macadamia

## COLD DRINKS

STILL OR SPARKLING WATER (500ML) R 28

ENERGADE R 30

OROS ask your waiter for flavours R 26

SOFT DRINKS ask waiter for flavours R 25

BOS ICE TEA Peach or Lemon R 38

PURA ask your waiter for flavours R 34

APPLETISER | GRAPETIZER R 38

STEEL WORKS R 58

ROCK SHANDY R 58

BUBBLE TEA R 55

## BUBBLY

Only available after 10am

	GLASS	BOTTLE
Mimosa	R 80	
L'Ormarins Brut	R 99	R 395
L'Ormarins Rosé	R 99	R 395

## BAKERY

FRESHLY BAKED

PLAIN CROISSANT R 38

ALMOND CROISSANT R 42

MUFFINS R 42

Please ask your waiter for muffin of the day

CINNAMON BUN R 35

## FRITTATA PATATA

SPANISH PAN OMELETTES

CHORIZO & CRÈME FRAÎCHE R 58

Spanish pan omelette with fried onion & potato, topped with fried chorizo & crème fraîche. Served with Bravas sauce

CATALAN TOMATO R 48

Spanish pan omelette with fried onion & potato, topped with Catalan tomato. Served with Bravas sauce

SMOKED SALMON R 72

Spanish pan omelette with salmon trout, avo, crème fraîche & capers. Served with lemon wedges on the side

Add Gluten-Free, Rye or Sourdough R 10

Ask to substitute bacon for macon

## HEALTH BOWLS

MUESLI BOWL R 95

Muesli with double cream yoghurt, berry compote, seasonal fruit & honey

SEASONAL FRUIT BOWL R 90

Selection of seasonal fruit, yoghurt, berry compote & chia seeds

HONEY & ALMOND OATS (V) R 85

Overnight bircher oats, toasted almonds, almond milk, chia seeds & honey

## SMOOTHIE BOWLS

ACAI BERRY BOWL (V) R 118

Acai, banana, blueberries & coconut milk

NUT BUTTER BOWL (V) R 118

Hazelnut butter, banana, dates, peanut butter & cocoa powder

GREEN BOWL (V) R 118

Avocado, banana, kiwi, coconut milk & dates

## BOCADILLO

Rustic sandwiches

PAN CON TOMATE (V) R 55

Garlic-rubbed toasted baguette topped with Catalan tomato

SMOKEY CHICKEN MAYO R 75

Tender, smokey pulled chicken, generously coated in mayo & topped with avo

SMOKED SALMON & AVO R 95

Smoked salmon trout, avo, creme fraiche, capers & red onion

HUMMUS, PESTO & AVO (V) R 65

Smokey hummus, tomatoes, avo & coriander pesto

Gluten-Free, Rye or Sourdough R 10

## TOASTED TORTILLA

BRAVO R 70

Egg, chorizo, potato & emmental cheese

THE CLASSIC R 48

Cheese & tomato

CHILLI - SALTED POTATO R 60

Chilli-salted potato with green olives & emmental cheese

CHICKEN & ROASTED PEPPERS R 80

Marinated chicken, roasted peppers, mustard, garlic aioli, gherkin & emmental cheese

CHICKEN MAYO R 75

Classic pulled chicken mayo

## SWEET TREATS

CHEESE CAKE R 72

CARROT CAKE R 72

NUTELLA BROWNIE R 38

PAUL'S ICE-CREAM R 50

PADEL BISCUIT R 38

FAIRY CUPCAKES R 26

PAUL'S DOG STIX (doggy treats) R 35

BREAKFAST SERVED 6:30 AM TILL NOON

www.padelandsocialclub.com

# MATCH MAKER

## 2 SHARE

### Bar snacks to share

SALAMI & HUMMUS MEZZE PADEL	R 105
Salami, smokey hummus, marinated feta, melanzane & pickled veggies, with a garlic focaccia	
BEET & HUMMUS MEZZE PADEL	R 95
Roasted beetroot hummus, pickled veggies, marinated feta, marinated olives & melanzane. Served with garlic focaccia on the side	
CORN CHIP & DIP	R 70
Corn chips served with beetroot hummus, smokey hummus & creme fraiche dips	
TOMATO & ROSEMARY FOCACCIA	R 82
Freshly sliced large tomatoes topped with coriander & almond pesto, served with rosemary focaccia	
BEEF NACHOS	R 125
Perfectly spiced mince, corn chips, smokey creme fraiche, cheddar cheese, pineapple Pico de Gallo, jalapeno & avo	
CHICKEN NACHOS	R 125
Spiced pulled chicken, corn chips, smokey creme fraiche, cheddar cheese, pineapple Pico de Gallo, jalapeno & avo	
POTATO & CHORIZO EMPANADAS	R 40
4 bold Spanish-spiced potato & chorizo empanadas	
BUTTER BEANS & OLIVES EMPANADAS	R 38
4 butter bean & olive filled empanadas that have been simmered in white wine & Spanish spices	
PICADILLO EMPANADAS	R 45
4 Spanish-spiced mince empanadas, dressed with our famous Bravas sauce	
MUSHROOMS & EMMENTAL EMPANADAS	R 38
The perfect combination, garlic mushrooms & emmental cheese filled empanadas (4 per portion)	

## TOASTED TORTILLA

THE CLASSIC	R 48
Cheese & tomato	
CHILLI-SALTED POTATO	R 60
Chilli-salted potato with green olives & emmental cheese	
BRAVO CHICKEN MAYO	R 80
Marinated chicken, roasted peppers, mustard, garlic aioli, gherkin & emmental cheese	

## BOCADILLO

### Rustic sandwiches

PAN CON TOMATE	R 55
Garlic-rubbed toasted baguette topped with Catalan tomato	
SMOKED SALMON & AVO	R 95
Smoked salmon trout, avo, crème fraiche, capers & red onion	
SMOKEY CHICKEN MAYO	R 75
Tender, smokey pulled chicken, generously coated in mayo & topped with avo	
HUMMUS, PESTO & AVO (V)	R 65
Smokey hummus, tomatoes, avo & coriander pesto	

## SMASHING SALADS

CHICKEN PESTO SALAD	R 110
Pulled chicken, cherry tomatoes, peppers, artichokes, rocket, bocconcini & avo	
SALMON NICOISE	R 100
Smoked salmon trout, potato, red onions, french beans, tomatoes, anchovies & green olives, served with a citrus & cumin-infused dressing	
SPANISH CHICKPEA SALAD (V)	R 85
Peppers, red onion, cucumber & tomatoes, topped with Spanish-spiced & marinated chickpeas, served with a citrus & cumin-infused dressing	
RIBBON QUINOA SALAD (V)	R 86
Ribbon-cut carrots, quinoa, radishes, pickled red onion & rocket, dressed in an orange & mint dressing, topped with chilli-salted toasted almonds	

## SWEET TREATS

CHEESE CAKE	R 72
CARROT CAKE	R 72
NUTELLA BROWNIE	R 38
PAUL'S ICE-CREAM	R 50
PADEL BISCUIT	R 38
FAIRY CUPCAKES	R 26
CINNAMON BUN	R 35

## PIZZA PADEL

ROSEMARY FOCACCIA	R 65
CATALAN FOCACCIA	R 70
Focaccia topped with Catalan tomato & mozzarella	
MARGARITA	R 95
Fresh mozzarella with oregano	
HAWAIIAN	R 110
BACON, FETA, AVO PIZZA	R 146
SALAMI & OLIVE PIZZA	R 135
PLANTED PIZZA (VEGAN)	R 105
Roasted peppers, Spanish-spiced potatoes, olives, cherry tomatoes & vegan cheese	
VEGETERIAN PIZZA	R 96
Zucchini, mushrooms, pickled red onions, mozzarella cheese & oregano	
MARINATED CHICKEN	R 140
Marinated chicken, roasted pepper, fresh thyme, olives, tomato & mozzarella	
MEXICANA	R 155
Perfectly spiced mince, roasted peppers & jalapenos	
PUTTANESCA	R 145
Mozzarella, anchovies, capers, olives & peppery rocket	

Swap for Gluten-free base R40

## COFFEE CULTURE

	SINGLE	DOUBLE
ESPRESSO	R 28	R 31
AMERICANO	R 32	R 34
FLAT WHITE	R 32	R 36
CAPPUCCINO	R 32	R 36
CORTADO	R 31	R 34
RED CAPPUCCINO		R 36
POT OF TEA	ask waiter for options	
		R 34

## LATTES

CAFE CLASSIC	R 37
RED	R 38
SPICED CHAI   WHITE	R 47
MILK CHOCOLATE   VEGAN	R 47

## COLD DRINKS

STILL OR SPARKLING WATER (500ML)	R 28
ENERGADE	R 30
OROS	ask your waiter for flavours
	R 26
SOFT DRINKS	ask waiter for flavours
	R 25
BOS ICE TEA	Peach or Lemon
	R 38
PURA	ask your waiter for flavours
	R 34
APPLETISER   GRAPETIZER	R 38
STEEL WORKS	R 58
ROCK SHANDY	R 58
BUBBLE TEA	R 55

## BLENDED

PASSION MANGO SMOOTHIE	R 82
Passion fruit, mango, pineapple, orange juice & almond milk	
BERRY BLAST SMOOTHIE	R 82
Mixed berries, yoghurt, honey, almonds & almond milk	
GREEN GODDESS SMOOTHIE	R 82
Cucumber, ginger, kiwi, lemon, spinach, celery, mint, honey & almond milk	
PEANUT BUTTER SMOOTHIE	R 82
Blueberries, banana, peanut butter, dates, whey protein, vanilla essence & almond milk	

## MILKSHAKES

	Kids	350ml
VANILLA	R 36	R 68
STRAWBERRY	R 40	R 68
NUTELLA CHOCOLATE	R 40	R 68

## FREEZOS

WHITE   MILK CHOCOLATE	R 47
SPICED CHAI	R 47
MILO	R 47
*Supplementary Milk	R 10
Almond, Oat, Soy & Macadamia	

SERVED FROM 11:30 AM TILL 9:30 PM

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# RE-FRESHMENT

## BEERS & CIDERS

CORONA	R 45
CASTLE LITE	R 36
BLACK LABEL	R 36
HEINEKEN	R 36
DEVIL'S PEAK LAGER	R 36
SAVANNA DRY   LITE	R 45

## ON TAP

	300ML	500ML
CASTLE LITE	R 38	R 48
STELLA	R 44	R 56
BLACK LABEL	R 38	R 48

## CROSS COURT- TAIL

MIMOSA	R 80
GIN CLASSIC	R 85
PIMMS	R 85
APEROL SPRTIZ	R 90

## LIFTING SPIRITS

BEEFEATER GIN	R 36
MALFY GIN	R 40
ABSOLUT VODKA	R 34
JAMESON	R 38
CHIVAS 12 YR	R 39
'RICKY LOU' RICHELIEU	R 28
DON JULIO	R 95
OLMECA REPOSADO	R 35
JAGERMEISTER	R 35
ASK FOR THE TEQUILA FINES PADEL	

## BUBBLES

	GLASS	BOTTLE
L'ORMARINS BRUT	R 99	R 395
L'ORMARINS ROSÉ	R 99	R 395

## SAV-BLANC

	CARAFE	BOTTLE
THE DEN PAINTED WOLF	R 90	R 260
LIFE FROM STONE	R 115	R 340
DE WETSHOF	R 125	R 360

## CHARD

	CARAFE	BOTTLE
GLEN CARLOU	R 135	R 395
DE WETSHOF FINESSE	R 135	R 395

## CHEN-IN

	CARAFE	BOTTLE
THE DEN CHENIN BLANC	R 90	R 260
BABYLONSTOREN	R 90	R 260

## ROSÉ WAY

	CARAFE	BOTTLE
DE WETSHOF LILYA	R 90	R 260
GABRIELSKLOOF	R 90	R 260
THE DEN ROSÉ-PINOTAGE	R 90	R 260
BABYLONSTOREN MOURVEDRE		R 300

## RED

	CARAFE	BOTTLE
BRUCE JACK SHIRAZ	R 70	R 190
GABRIELSKLOOF BLEND	R 125	R 360
RAKA PINOTAGE	R 110	R 300
THELEMA SUTHERLAND	R 125	R 360

## KOSHER WINES

	CARAFE	BOTTLE
BACKSBERG BRUT	R 95	R 280
SYDNEY BACK CHARD	R 90	R 325
VILLA CAPE SHIRAZ	R 90	R 260

# LITTLE CHAMPS

## COLD-DRINKS

STILL OR SPARKLING WATER (500ML)	R 28
ENERGADE ask waiter for flavours	R 30
OROS ask your waiter for flavours	R 26
COKE, COKE LITE, COKE ZERO	R 25
SPRITE, SPRITE ZERO, FANTA	R 25
CREAM SODA, GINGER ALE	R 25
DRY LEMON	R 25
BOS ICE TEA Peach or Lemon	R 38
PURA ask your waiter for flavours	R 34
APPLETISER   GRAPETIZER	R 38
ROCK SHANDY	R 58
BUBBLE TEA ask your waiter for flavours	R 55

## FRESHLY JUICED

	350ml
ORANGE JUICE	R 45
CARROT JUICE	R 45
ORANGE, CARROT, GINGER	R 50
GREEN JUICE	R 65
Apple, cucumber, celery, ginger, spinach & parsley	
RED JUICE	R 65
Beetroot, apple, celery, carrot, ginger & lemon	

## MILKSHAKES

	Kids	350ml
NUTELLA CHOCOLATE	R 40	R 68
VANILLA	R 36	R 60
STRAWBERRY	R 40	R 68

## FREEZOS

WHITE   MILK CHOCOLATE	R 47
MILO	R 47
*Supplementary Milk Almond, Oat, Soy & Macadamia	R 10

## BREAK-FIRST

**Kiddies breakfast**

PADEL-CAKES	R 38
3 pancakes dressed in Nutella drizzle, berries & topped with sprinkles of happiness	
BREAKFAST SUNDAE	R 36
Selection of fruit, yoghurt, honey, oaties & sprinkles for good measure	
CROISSANT	R 38
Served with fresh strawberries & Nutella	
MUFFINS	R 42
Please ask your waiter for selection	

## DUNCH (Dinner/Lunch)

CLASSIC CHEESE & TOMATO	
Cheddar cheese & sliced tomato tucked into a toasted mini baguette	
TOASTIE CHICKEN MAYO	
Pulled chicken & mayo filling in a mini toasted baguette	
CHEESY NACHOS	R 60
Corn chips, smokey creme fraiche, cheddar cheese, pineapple Pico de Gallo & avo	
MARGARITA PIZZA	R 95
Fresh mozzarella with oregano	
HAWAIIAN PIZZA	R 110
BACON, FETA, AVO PIZZA	R 146
SALAMI & OLIVE PIZZA	R 130
CREAMY CHICKEN	R 140
Creamy chicken mayo over melted mozzarella cheese	
<b>Pizzas are available from 11am</b>	
<b>Swap for Gluten-free base R40</b>	R 42

## SWEET TREATS

CHEESE CAKE	R 72
CARROT CAKE	R 72
NUTELLA BROWNIE	R 38
PAUL'S ICE-CREAM	R 50
PADEL BISCUIT	R 38
FAIRY CUPCAKES	R 26
CINNAMON BUN	R 35