

BREAK-FIRST



COFFEE CULTURE

	SINGLE	DOUBLE
ESPRESSO	R 28	R 31
AMERICANO	R 32	R 34
FLAT WHITE	R 32	R 36
CAPPUCCINO	R 32	R 36
CORTADO	R 31	R 34
RED CAPPUCCINO		R 36

LATTES

CAFE CLASSIC	R 37
RED	R 38
SPICED CHAI WHITE	R 47
MILK CHOCOLATE VEGAN	R 47

POT OF TEA

BLACK BREAKFAST	R 34
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THE CONNOISSEUR (Rooibos)

CAPE GREEN

Green rooibos, nettle, fennel, aniseed & liquorice root

DEVIL'S ADVOCATE

A full-bodied ginger & chilli infusion to keep your immune system honest. Caffeine-free

CLEANSING DETOX

A blend of burdock root, lemongrass, lemon balm & fennel seed. Caffeine-free

FRESHLY JUICED

	350ml
ORANGE JUICE	R 45
CARROT JUICE	R 45
ORANGE, CARROT, GINGER	R 50
APPLE, CARROT, GINGER	R 50
GREEN JUICE	R 65
Apple, cucumber, celery, ginger, spinach & parsley	
RED JUICE	R 65
Beetroot, apple, celery, carrot, ginger & lemon	

BLENDED

PASSION MANGO SMOOTHIE	R 82
Passion fruit, mango, pineapple, orange juice & almond milk	
BERRY BLAST SMOOTHIE	R 82
Mixed berries, yoghurt, honey, almonds & almond milk	
GREEN GODDESS SMOOTHIE	R 82
Cucumber, ginger, kiwi, lemon, spinach, celery, mint, honey & almond milk	
PEANUT BUTTER SMOOTHIE	R 82
Blueberries, banana, peanut butter, dates, whey protein, vanilla essence & almond milk	

MILKSHAKES

	Kids	350ml
VANILLA	R 36	R 68
STRAWBERRY	R 40	R 68
NUTELLA CHOCOLATE	R 40	R 68

FREEZOS

WHITE MILK CHOCOLATE	R 47
SPICED CHAI	R 47
MILO	R 47
*Supplementary Milk	R 10
Almond, Oat, Soy & Macadamia	

COLD DRINKS

STILL OR SPARKLING WATER (500ML)	R 28
ENERGADE	R 30
OROS ask your waiter for flavours	R 26
SOFT DRINKS ask waiter for flavours	R 25
BOS ICE TEA Peach or Lemon	R 38
PURA ask your waiter for flavours	R 34
APPLETISER GRAPETIZER	R 38
STEEL WORKS	R 58
ROCK SHANDY	R 58
BUBBLE TEA	R 55

BUBBLY

	GLASS	BOTTLE
Mimosa	R 80	
L'Ormarins Brut	R 99	R 395
L'Ormarins Rosé	R 99	R 395

BAKERY

FRESHLY BAKED

PLAIN CROISSANT	R 38
ALMOND CROISSANT	R 42
MUFFINS	R 42
Please ask your waiter for muffin of the day	
CINNAMON BUN	R 35

FRITTATA PATATA

SPANISH PAN OMELETTES

CHORIZO & CRÈME FRAÎCHE	R 58
Spanish pan omelette with fried onion & potato, topped with fried chorizo & crème fraîche. Served with Bravas sauce	
CATALAN TOMATO	R 48
Spanish pan omelette with fried onion & potato, topped with Catalan tomato. Served with Bravas sauce	
SMOKED SALMON	R 72
Spanish pan omelette with salmon trout, avo, crème fraîche & capers. Served with lemon wedges on the side	

Add Gluten-Free, Rye or Sourdough R 10

Ask to substitute bacon for macon

HEALTH BOWLS

MUESLI BOWL	R 95
Muesli with double cream yoghurt, berry compote, seasonal fruit & honey	
SEASONAL FRUIT BOWL	R 90
Selection of seasonal fruit, yoghurt, berry compote & chia seeds	
HONEY & ALMOND OATS (V)	R 85
Overnight bircher oats, toasted almonds, almond milk, chia seeds & honey	

SMOOTHIE BOWLS

ACAI BERRY BOWL (V)	R 118
Acai, banana, blueberries & coconut milk	
NUT BUTTER BOWL (V)	R 118
Hazelnut butter, banana, dates, peanut butter & cocoa powder	
GREEN BOWL (V)	R 118
Avocado, banana, kiwi, coconut milk & dates	

BOCADILLO

Rustic sandwiches

PAN CON TOMATE (V)	R 55
Garlic-rubbed toasted baguette topped with Catalan tomato	
SMOKEY CHICKEN MAYO	R 75
Tender, smokey pulled chicken, generously coated in mayo & topped with avo	
SMOKED SALMON & AVO	R 95
Smoked salmon trout, avo, creme fraiche, capers & red onion	
HUMMUS, PESTO & AVO (V)	R 65
Smokey hummus, tomatoes, avo & coriander pesto	

Gluten-Free, Rye or Sourdough R 10

TOASTED TORTILLA

BRAVO	R 70
Egg, chorizo, potato & emmental cheese	
THE CLASSIC	R 48
Cheese & tomato	
CHILLI - SALTED POTATO	R 60
Chilli-salted potato with green olives & emmental cheese	
CHICKEN & ROASTED PEPPERS	R 80
Marinated chicken, roasted peppers, mustard, garlic aioli, gherkin & emmental cheese	
CHICKEN MAYO	R 75
Classic pulled chicken mayo	

SWEET TREATS

CHEESE CAKE	R 72
CARROT CAKE	R 72
NUTELLA BROWNIE	R 38
PAUL'S ICE-CREAM	R 50
PADEL BISCUIT	R 38
FAIRY CUPCAKES	R 26
PAUL'S DOG STIX (doggy treats)	R 35

BREAKFAST SERVED 6:30 AM TILL NOON

www.padelandsocialclub.com

MATCH MAKER

2 SHARE

Bar snacks to share

SALAMI & HUMMUS MEZZE PADEL	R 105
Salami, smokey hummus, marinated feta, melanzane & pickled veggies, with a garlic focaccia	
BEET & HUMMUS MEZZE PADEL	R 95
Roasted beetroot hummus, pickled veggies, marinated feta, marinated olives & melanzane. Served with garlic focaccia on the side	
CORN CHIP & DIP	R 70
Corn chips served with beetroot hummus, smokey hummus & creme fraiche dips	
TOMATO & ROSEMARY FOCACCIA	R 82
Freshly sliced large tomatoes topped with coriander & almond pesto, served with rosemary focaccia	
BEEF NACHOS	R 125
Perfectly spiced mince, corn chips, smokey creme fraiche, cheddar cheese, pineapple Pico de Gallo, jalapeno & avo	
CHICKEN NACHOS	R 125
Spiced pulled chicken, corn chips, smokey creme fraiche, cheddar cheese, pineapple Pico de Gallo, jalapeno & avo	
POTATO & CHORIZO EMPANADAS	R 40
4 bold Spanish-spiced potato & chorizo empanadas	
BUTTER BEANS & OLIVES EMPANADAS	R 38
4 butter bean & olive filled empanadas that have been simmered in white wine & Spanish spices	
PICADILLO EMPANADAS	R 45
4 Spanish-spiced mince empanadas, dressed with our famous Bravas sauce	
MUSHROOMS & EMMENTAL EMPANADAS	R 38
The perfect combination, garlic mushrooms & emmental cheese filled empanadas (4 per portion)	

TOASTED TORTILLA

THE CLASSIC	R 48
Cheese & tomato	
CHILLI-SALTED POTATO	R 60
Chilli-salted potato with green olives & emmental cheese	
BRAVO CHICKEN MAYO	R 80
Marinated chicken, roasted peppers, mustard, garlic aioli, gherkin & emmental cheese	

BOCADILLO

Rustic sandwiches

PAN CON TOMATE	R 55
Garlic-rubbed toasted baguette topped with Catalan tomato	
SMOKED SALMON & AVO	R 95
Smoked salmon trout, avo, crème fraiche, capers & red onion	
SMOKEY CHICKEN MAYO	R 75
Tender, smokey pulled chicken, generously coated in mayo & topped with avo	
HUMMUS, PESTO & AVO (V)	R 65
Smokey hummus, tomatoes, avo & coriander pesto	

SMASHING SALADS

CHICKEN PESTO SALAD	R 110
Pulled chicken, cherry tomatoes, peppers, artichokes, rocket, bocconcini & avo	
SALMON NICOISE	R 100
Smoked salmon trout, potato, red onions, french beans, tomatoes, anchovies & green olives, served with a citrus & cumin-infused dressing	
SPANISH CHICKPEA SALAD (V)	R 85
Peppers, red onion, cucumber & tomatoes, topped with Spanish-spiced & marinated chickpeas, served with a citrus & cumin-infused dressing	
RIBBON QUINOA SALAD (V)	R 86
Ribbon-cut carrots, quinoa, radishes, pickled red onion & rocket, dressed in an orange & mint dressing, topped with chilli-salted toasted almonds	

SWEET TREATS

CHEESE CAKE	R 72
CARROT CAKE	R 72
NUTELLA BROWNIE	R 38
PAUL'S ICE-CREAM	R 50
PADEL BISCUIT	R 38
FAIRY CUPCAKES	R 26
CINNAMON BUN	R 35

PIZZA PADEL

ROSEMARY FOCACCIA	R 65
CATALAN FOCACCIA	R 70
Focaccia topped with Catalan tomato & mozzarella	
MARGARITA	R 95
Fresh mozzarella with oregano	
HAWAIIAN	R 110
BACON, FETA, AVO PIZZA	R 146
SALAMI & OLIVE PIZZA	R 135
PLANTED PIZZA (VEGAN)	R 105
Roasted peppers, Spanish-spiced potatoes, olives, cherry tomatoes & vegan cheese	
VEGETERIAN PIZZA	R 96
Zucchini, mushrooms, pickled red onions, mozzarella cheese & oregano	
MARINATED CHICKEN	R 140
Marinated chicken, roasted pepper, fresh thyme, olives, tomato & mozzarella	
MEXICANA	R 155
Perfectly spiced mince, roasted peppers & jalapenos	
PUTTANESCA	R 145
Mozzarella, anchovies, capers, olives & peppery rocket	

Swap for Gluten-free base R40

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CORTADO	R 31	R 34
RED CAPPUCCINO		R 36
POT OF TEA	ask waiter for options R 34	

LATTES

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RED	R 38
SPICED CHAI WHITE	R 47
MILK CHOCOLATE VEGAN	R 47

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STEEL WORKS	R 58
ROCK SHANDY	R 58
BUBBLE TEA	R 55

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Blueberries, banana, peanut butter, dates, whey protein, vanilla essence & almond milk	

MILKSHAKES

	Kids	350ml
VANILLA	R 36	R 68
STRAWBERRY	R 40	R 68
NUTELLA CHOCOLATE	R 40	R 68

FREEZOS

WHITE MILK CHOCOLATE	R 47
SPICED CHAI	R 47
MILO	R 47
*Supplementary Milk	R 10
Almond, Oat, Soy & Macadamia	

SERVED FROM 11:30 AM TILL 9:30 PM

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LITTLE CHAMPS

COLD-DRINKS

STILL OR SPARKLING WATER (500ML)	R 28
ENERGADE ask waiter for flavours	R 30
OROS ask your waiter for flavours	R 26
COKE, COKE LITE, COKE ZERO	R 25
SPRITE, SPRITE ZERO, FANTA	R 25
CREAM SODA, GINGER ALE	R 25
DRY LEMON	R 25
BOS ICE TEA Peach or Lemon	R 38
PURA ask your waiter for flavours	R 34
APPLETISER GRAPETIZER	R 38
ROCK SHANDY	R 58
BUBBLE TEA ask your waiter for flavours	R 55

FRESHLY JUICED

	350ml
ORANGE JUICE	R 45
CARROT JUICE	R 45
ORANGE, CARROT, GINGER	R 50
GREEN JUICE Apple, cucumber, celery, ginger, spinach & parsley	R 65
RED JUICE Beetroot, apple, celery, carrot, ginger & lemon	R 65

MILKSHAKES

	Kids	350ml
NUTELLA CHOCOLATE	R 40	R 68
VANILLA	R 36	R 60
STRAWBERRY	R 40	R 68

FREEZOS

WHITE MILK CHOCOLATE	R 47
MILO	R 47
*Supplementary Milk Almond, Oat, Soy & Macadamia	R 10

BREAK-FIRST

Kiddies breakfast

PADEL-CAKES 3 pancakes dressed in Nutella drizzle, berries & topped with sprinkles of happiness	R 38
BREAKFAST SUNDAE Selection of fruit, yoghurt, honey, oaties & sprinkles for good measure	R 36
CROISSANT Served with fresh strawberries & Nutella	R 38
MUFFINS Please ask your waiter for selection	R 42

DUNCH (Dinner/Lunch)

CLASSIC CHEESE & TOMATO Cheddar cheese & sliced tomato tucked into a toasted mini baguette	
TOASTIE CHICKEN MAYO Pulled chicken & mayo filling in a mini toasted baguette	
CHEESY NACHOS Corn chips, smokey creme fraiche, cheddar cheese, pineapple Pico de Gallo & avo	R 60
MARGARITA PIZZA Fresh mozzarella with oregano	R 95
HAWAIIAN PIZZA BACON, FETA, AVO PIZZA	R 110
SALAMI & OLIVE PIZZA	R 146
CREAMY CHICKEN Creamy chicken mayo over melted mozzarella cheese	R 130
	R 140
Pizzas are available from 11am	
Swap for Gluten-free base	R40
	R 42

SWEET TREATS

	R 55
CHEESE CAKE	R 72
CARROT CAKE	R 72
NUTELLA BROWNIE	R 38
PAUL'S ICE-CREAM	R 50
PADEL BISCUIT	R 38
FAIRY CUPCAKES	R 26
CINNAMON BUN	R 35

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